

November 2023



C.O. Harrison, Delshire, J.F. Dulles, Oakdale, Springmyer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal applications can be completed at: www.lingconnect.com	All students who qualify for free and reduced lunch benefits can eat breakfast and lunch at NO COST for the 2023-2024 school year!	Mini Waffles and 1 Scrambled Eggs -OR- Cheeseburger Wedge Cut Seasoned Potatoes Crunchy Carrots Applesauce Milk Milk	Chicken Tenders 2 With Soft Dinner Roll -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza -OR- Hamburger Cucumber Slices Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets <u>6</u> With Soft Dinner Roll -OR- Deep Dish Cheese Pizza Shoestring French Fries Crunchy Carrots 100% Fruit Juice Milk	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	Mini Confetti Pancakes <u>8</u> and Turkey Sausage Patties -OR- Cheeseburger Hash Brown Rounds Green Beans Applesauce Milk	Chicken Wings <u>9</u> With Soft Dinner Roll -OR- Grilled Cheese Broccoli Corn Pears Milk	NO SCHOOL VETERANS DAY HOLIDAY
Crispy Chicken Nuggets 13 With Soft Dinner Roll -OR- 4x6 Cheese Pizza Mashed Potatoes and Gravy Corn Sliced Oranges Milk	Cincinnati Style 3-Way Chili <u>14</u> -OR- Chicken Patty Kidney Beans Green Beans SideKicks Frozen Treat Milk	French Toast and 15 Scrambled Eggs -OR- Cheeseburger Smiles Potatoes Crunchy Carrots Applesauce Milk	Chicken Drumstick <u>16</u> With Soft Dinner Roll -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza <u>1</u> -OR- Hamburger Cucumber Slices Crunchy Carrots Fresh Apple Slices Milk
NO SCHOOL THANKSGIVING BREAK	21 NO SCHOOL THANKSGIVING BREAK	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK	NO SCHOOL THANKSGIVING BREAK
Crispy Chicken Nuggets 27 With Soft Dinner Roll -OR- French Bread Cheese Pizza Shoestring French Fries Green Beans 100% Fruit Juice	Beef Walking Taco <u>28</u> -OR- Chicken Patty Seasoned Black Beans Corn Salsa SideKicks Frozen Treat Milk	Marco's Pizza Day <u>29</u> -OR- Cheeseburger Green Beans Crunchy Carrots Applesauce Milk	Chicken Smackers <u>30</u> With Soft Dinner Roll -OR- Grilled Cheese Broccoli Corn Pears	

Monday

Tuesday

Wednesday

Munch Monday Meal – Bread Rounds, Pizza Sauce, Shredded Mozzarella Cheese, Pepperoni Yummy Yogurt Meal – Yogurt, String Cheese, Granola Bar, Goldfish Crackers Wow Wednesday Meal – PBJ Sandwich, String Cheese, Bug Bites Gram Snacks Breakfast Buffet Meal – Yogurt, String Cheese, Assorted Cereal Bowls, Assorted Pop Tarts Manager's Choice! Thursday

Friday